

OSLS KINDERGARTEN READINESS

Social/Emotional

- **Separate from an adult:** Recommendation...have a good-bye routine as you anticipate a possible separation issue. Please note your child may not have had separation issues in the past, but it's important to prepare for possible fears.
- **Be independent with self-help skills, organizational skills and bathroom skills:** Independence helps children build confidence and reduces fears. Work on putting coats and shoes on, zipping jackets, picking up toys, and putting things away in the correct place. Establish routines as much as possible for reading, mealtimes and bedtime.
- **Attend and listen for 5 minutes without distraction:** Read stories to your child. Practice the skill of listening to someone without interrupting.
- **Willingness to share and play with others:** Note 3 ways to play: wait, trade or share. Teach and practice how to handle losing a game.
- **Be okay with mistakes:** Allow your child to fail forward. We all learn from our mistakes. Self-talk about mistakes with young children. They learn when we, as adults, process and problem solve out loud.
- **Develop general problem-solving skills:** Assign simple tasks/chores to your child to follow on the first request. Build up to 3 step tasks (take off your shoes, put them away on the shoe rack and meet me in the kitchen).
- **Identify emotions such as happy, sad, mad, afraid/fear:** Identify and talk about these emotions as they occur in daily life. Show/know what to do when you feel these feelings. Practice ways to handle sad and mad feelings (deep breathing or calming places). Reassure your child it's ok and important to share fears with parents/teachers.
- **Demonstrate respectful language and behaviors:** Be consistent as much as possible with your expectations or rules.
- **Converses with an adult or another child:** Model and practice the art of conversation; ask questions, listen to responses, offer appropriate comments. Talks in complete sentences.

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Academic/Motor Skills Based

- Identify most uppercase letters and some lowercase letters (out of order)
- Write some capital and lowercase letters
- Write first name with capital and lowercase Ex: Anna not AnnA or ANNA
- Identify and write numerals 0-10 (out of order)
- Count to 10 (usually a minimum)
- Demonstrate some knowledge of one to one correspondence.
- Counts accurately groups up to 5 or 10.
- Identifies basic shapes and colors
- Listens to a story. Can name a character from the story. Able to tell what happened in the story.
- Recognizes some rhymes like: cat/hat, hop/pop, sit/bit
- Sorts similar objects by color, size, or shape.
- Draw and color pictures (not from a coloring book)
- Can hold a pencil correctly
- Able to cut lines or basic shapes using scissors
- Able to hop on one foot
- Able to bounce a ball